



X A N H

FACIAL TREATMENTS

Lymphatic Detoxifying Facial (45 min) 600,000

This unique treatment detoxifies your skin and reduces puffiness by assisting lymphatic flow using a traditional suction lymphatic drainage massage technique. It will also increase the nutrition and oxygen circulation through exfoliation and pressure point massage. The facial finishes with the application of a calming hydrating botanical mask and to complete the treatment.

Revitalizing Facial (70 min) 950,000

The ideal facial for dull, lifeless skin. A thorough cleanse and peel followed by a European facial massage to stimulate circulation, lymphatic drainage, muscle toning and deep relaxation using a water soluble massage cream customized with hydro essential oils for additional benefits.

Holistic Aromatic Facial (60 min) 690,000

This facial commences with an aroma cleanse, followed by an enzymatic peel to exfoliate, and an aromatic steam to extract impurities. Enjoy a therapeutic, aromatic acupuncture and lymphatic drainage massage on your face, neck, shoulders and scalp, a customized treatment mask is then applied to seal in the benefits of the essential oils used in the massage.

Deep Cleansing Facial (60 min) 770,000

Natural purified clay with mint balm extract is used to leave your skin feeling refreshingly clean and calm. Your skin is gently steamed with a blend of botanical extracts to purify and dislodge congestion. A refining mask is then applied to give you a fresh and glowing look.

Men's Executive Facial (60 min) 870,000

Give your skin an instant pick-me-up to recover from current damage while cleaning, clearing, soothing and calming. This treatment keeps skin in tip-top condition for a smooth and confident look.

Multi-Vitamin Eye Treatment (45 min) 550,000

Firm, tone and brighten tired eyes with our unique blend of peptides, firming proteins and therapeutic vitamins. Gentle exfoliation will remove dulling debris, while a calming masque will help soothe and revitalize irritated, tired eyes.

HAND AND FOOT TREATMENTS

Foot Massage (60 min) 590,000

Revive travel weary feet with this restorative foot treatment. Relax as your feet are buffed with an invigorating bamboo scrub to refresh the skin. Enjoy a soothing massage with application of natural oils. This treatment incorporates sweeping massage strokes combined with reflexology pressure points to give you a truly indulging experience. This sensory journey will ensure you emerge relaxed and rejuvenated.

Manicure (45 min) no color 170,000 with color 260,000

Your nails are shaped or shortened and the cuticles tidied and hydrated. A soothing hand massage completes the treatment leaving your hands feeling soft and pampered. A variety of nail varnish colors are available for you to choose from.

Pedicure (45 min) no color 170,000 with color 260,000

Give your feet the attention they deserve! Nails are shaped and cuticles are cared for. Nails are painted at your request. Excess skin is removed from the soles of your feet using a foot scraper. A calming foot massage is included to boost circulation and in turn regenerate skin.

Manicure and Pedicure (90 min) no color 280,000 with color 420,000

Enjoy both treatments for the complete pampering.

KIDS' CORNER

Light Relaxing Body Massage (45 min) 500,000

Natural Vitamin E enriched oil is used in this relaxing body and head massage. A light and calming massage, which helps to detoxify tissue, improve circulation and nourish the skin.

Light Relaxing Foot Massage (45 min) 420,000

Enjoy a soothing massage with application of natural oils. This treatment incorporates sweeping massage strokes combined with reflexology pressure points to give you a truly indulging experience.

Kids Manicure or Pedicure (20 min) 135,000

Your nails are shaped or shortened and the cuticles tidied. A variety of exciting nail varnish colors are available for you to choose from.

BODY CARE AND TREATMENT

Aloe Vera Body Soothe (60 min) 870,000

This treatment uses natural, freshly cut Aloe Vera. Aloe Vera is proven to minimize skin irritations and allergies caused by sunburn. Aloe Vera is gently massaged into the skin, and a cotton Aloe Vera wrap is left for a further 20 minutes to revitalize and soothe your skin.

Sun Smooth (60 min) 790,000

An ideal indulgence for sun burnt or sensitive skin. The recipe originates from a traditional Vietnamese remedy in which coconut flesh and oil are applied to your skin.

Lemongrass-Infused Steam (30 min) 280,000

Enjoy a 30 minute steam with the refreshing scent of lemongrass to soothe your nasal passages. To steam safely, take a warm shower before entering the steam room. Stay seated for up to 15 minutes before exiting to cool off with room temperature air and cool water in the form of a shower. Allow the body to return to a normal temperature before embarking on another round. Lots of water should be consumed throughout the process and please exit if you feel dizzy, nauseous, or uncomfortable at any point. Steaming opens pores and aids in eliminating toxins by increasing perspiration.

Hair Replenishing Treatment (30 min) 400,000

A relaxing head and scalp massage using a concentrated hair mask to replenish vital minerals and nutrients removed by Sun and Sea!

Recovery Massage (60 min) 710,000

The perfect treatment for those in search of recovery after a heavy schedule, travelling or a big night out. Focusing on the back, shoulders, head and face, this massage relieves headaches and relaxes the facial and shoulder muscles, soothes the soul and leaves you deeply relaxed.

Relaxing Full Body Massage (75 min) 920,000

Natural Vitamin E enriched oil is used in this relaxing body and head massage. A light and calming massage, which helps to detoxify tissue, improve circulation and nourish the skin.

Holistic Aromatherapy Full Body Massage (90 min) 1,300,000

100% pure, natural essential oils are blended to create a treatment tailor-made for your individual needs. The essential oils extracted from plants help soothe the body, mind and emotions. Each essential oil has different healing qualities and your therapist will help you choose oils which will be applied through a calming full body massage.

Hot Stone Therapy (60 min) 1,000,000

A deeply relaxing massage using heated stones and warm aromatic oil. The volcanic basalt stones soothe and relax tired muscles by retaining heat. An ancient art of massage brings a unique sense of comfort and well-being, melting away tension and stress.

Herbal Body Massage (75 min) 990,000

18 therapeutic herbs are used in conjunction with the Podikizhi technique (a gentle massage technique from India) to help relieve muscular and joint pains, detoxify the body, boost blood circulation and reduce nervous tension.

Traditional Thai Massage (90 min) 900,000

This oil-free massage incorporates acupressure points along the ten Thai massage lines with deep stretching of joints to help release muscular tension. This truly Asian experience is given in the serene garden where you can relax and enjoy the sounds of music, birds and water to help you re-energise completely.

Prenatal Massage (60 min) 710,000

A very light massage (only offered to ladies within second trimester). This relaxing treatment excludes pressure on areas affecting pregnancy (ankles, heels) and uses plain natural oils. Careful pressure is exerted on the body to promote calm relaxation.

ALTERNATIVE / CHINESE THERAPY

Herbal Bath (45 min) 600,000

Our Chinese practitioner blends a selection of herbs and tea to formulate a unique, steaming hot bath in which tired and aching muscles simply melt away! The fragrance coupled with exotic garden atmosphere relieves all tension whilst being deeply therapeutic.

Herbal Bath and Massage (120 min) 1,300,000

Our special Chinese therapist will indulge you in a full relaxing massage after a steaming hot Chinese Herbal bath, prepared especially for you. Highly recommended for the stressed individual.

Acupuncture and Reflexology (45-60 min) 1,200,000

A specialist treatment for the relief of several ailments, such as migraines, arthritis, stress, Sciatic nerve pains, back ache and more. This painless procedure is as old as time itself in China, and brings instant relief coupled with a professional reflexology in necessary areas. If necessary, Chinese incense is also burned around affected areas to stimulate blood flow.

"Office Stress" Treatment (60 min) 695,000

Focusing on eyes, cheekbones, eyebrows, ears, neck, back and hands, tension is driven away by a blend of reflexology and acupuncture to relieve painful eyes, tired complexion and restore vitality.

Ear Candling (30 min) 500,000

A light, hollow candle made from fabric coated with beeswax is inserted into the ear. This creates a vacuum in the ear canal which draws out excessive earwax and any minor impurities which may be present. Other benefits may include improved lymphatic fluid flow, a more balanced emotional state and clearer thinking.

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